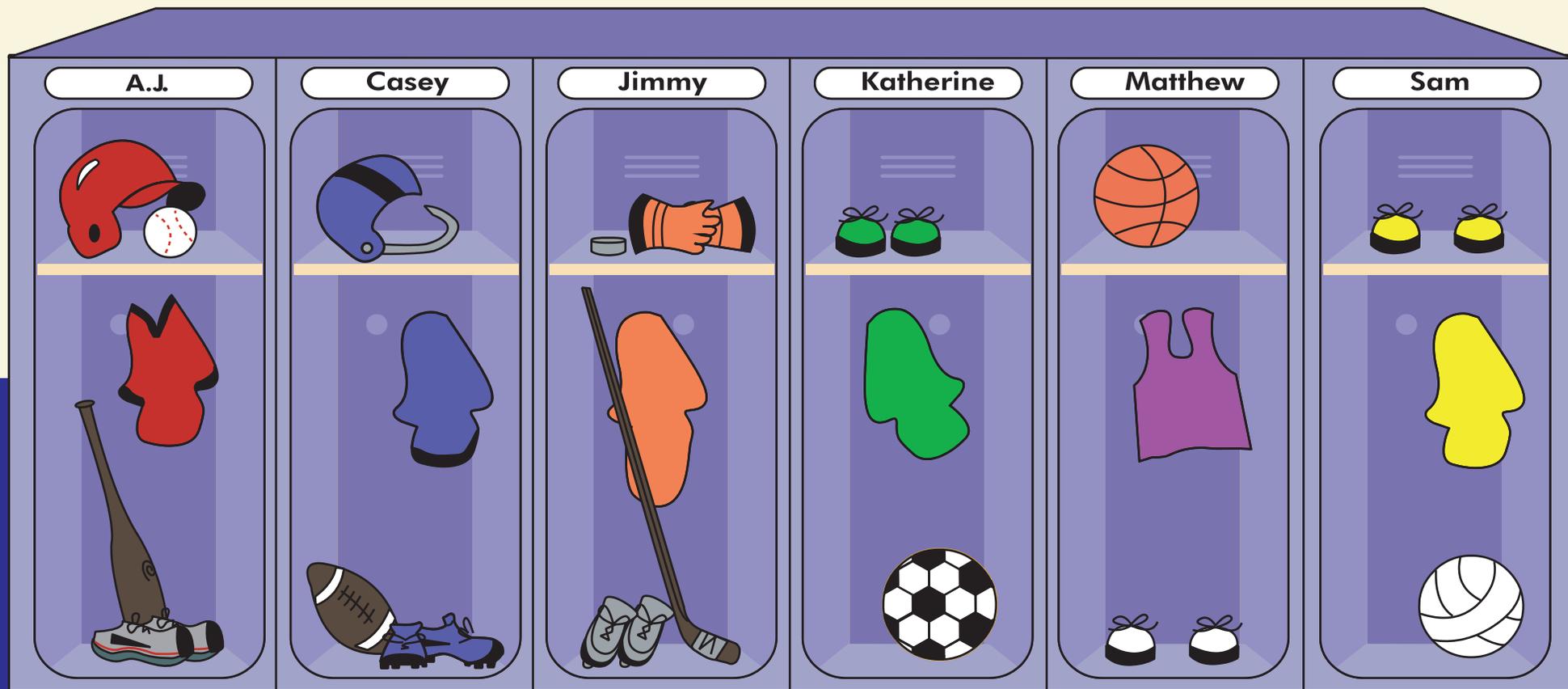
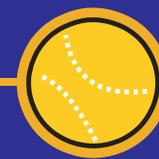
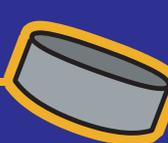


The Adventures

P.E. GANG of the



P.E. GANG



Hi, we call ourselves the P.E. Gang. Our P.E. teacher, Mr. Fitter, teaches us all different ways to stay healthy. We are always looking for new kids to join our gang. Everybody gets to play and we don't care who wins or loses as long as we are having fun!

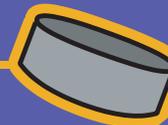


Casey

"Hut, Hut Hike"! My name is Casey and my favorite sport is football. In Physical Education class, Mr. Fitter has taught us a lot of football skills. We've worked on gripping and throwing the ball. We also learned skills like catching, kicking, punting, and carrying the ball.



P.E. GANG



Mr. Fitter also teaches us how to be a trustworthy person by giving us opportunities to be honest. We should do what is right, even when it's difficult. He shares his own life experiences, too. When he was faced with tough times, he still did the right thing.



Samantha

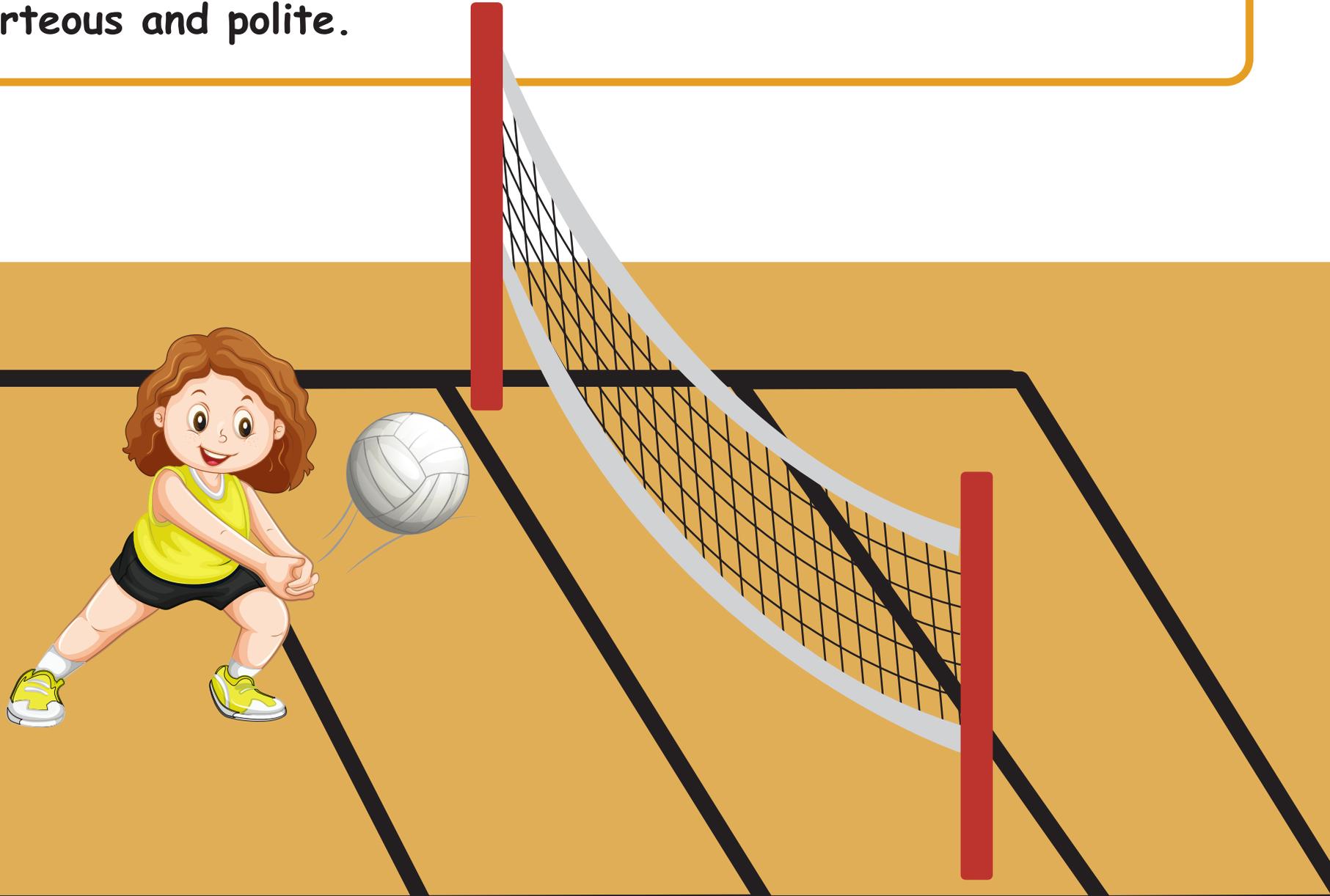
Hey there, it's me Samantha. All my friends call me "Slammin Sammie" because my favorite sport is volleyball. Mr. Fitter taught us the underhand serve, the forearm pass and how to set the ball.



P.E. GANG

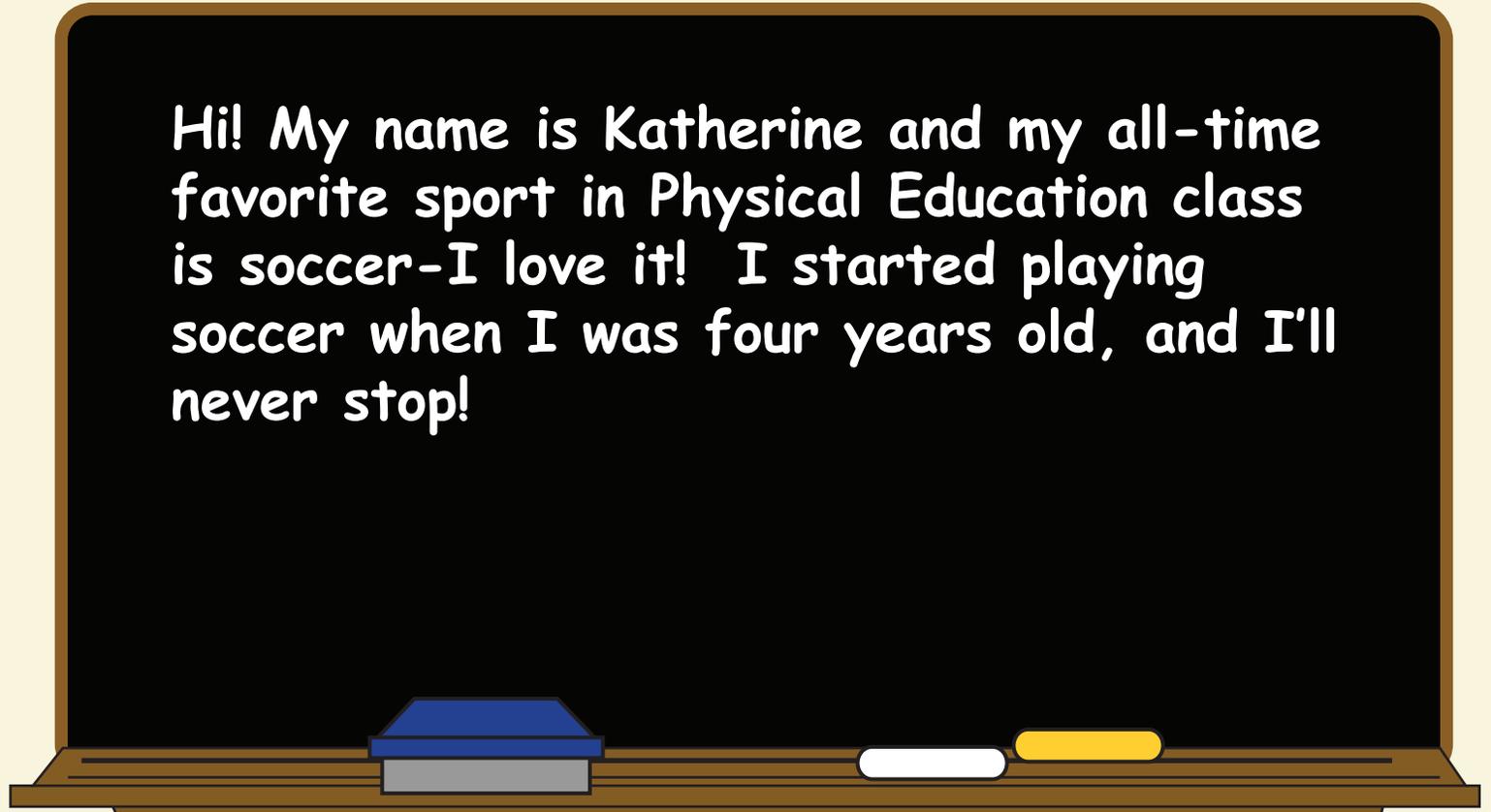


Mr. Fitter teaches us how to be respectful people. He shows us how to be respectful through his own actions. We learned how to listen to what other people say, and not to argue with our classmates. We also learned how to be courteous and polite.



Katherine

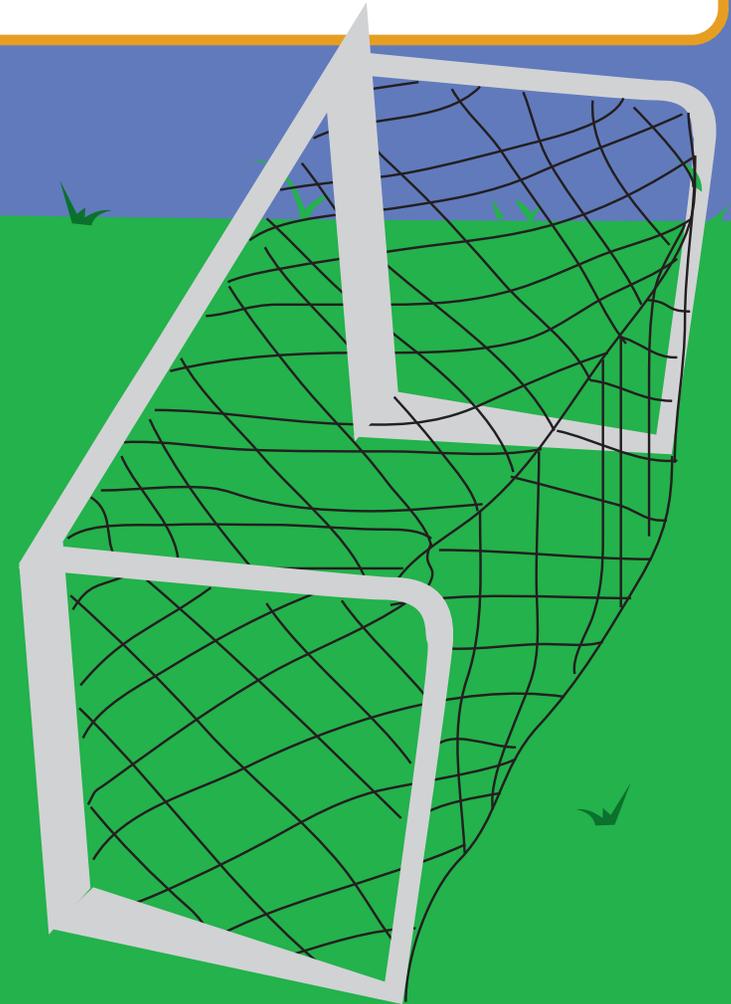
Hi! My name is Katherine and my all-time favorite sport in Physical Education class is soccer-I love it! I started playing soccer when I was four years old, and I'll never stop!



P.E. GANG



Our Physical Education teacher, Mr. Fitter, taught us how to dribble, pass and shoot the soccer ball. He says that for true teamwork to take place, we have to show responsibility first. Mr. Fitter reminds us that when you're playing soccer or any sport, you shouldn't make excuses or blame others when you make a mistake.



Jimmy

Hi! My name is Jimmy and I think the best sport in the world is hockey. In Physical Education class, Mr Fitter taught us how to be a fair person by treating our classmates the way we would want to be treated, which means always playing by the rules.



P.E. GANG



You wouldn't believe it, but Mr. Fitter rarely ever keeps score in class. He says that although winning feels great, we need to remember that there's always a team that loses. This keeps us focused on the fun of the sport, so that feeling sad is not an option!

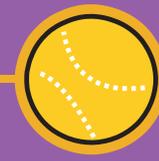


Matthew

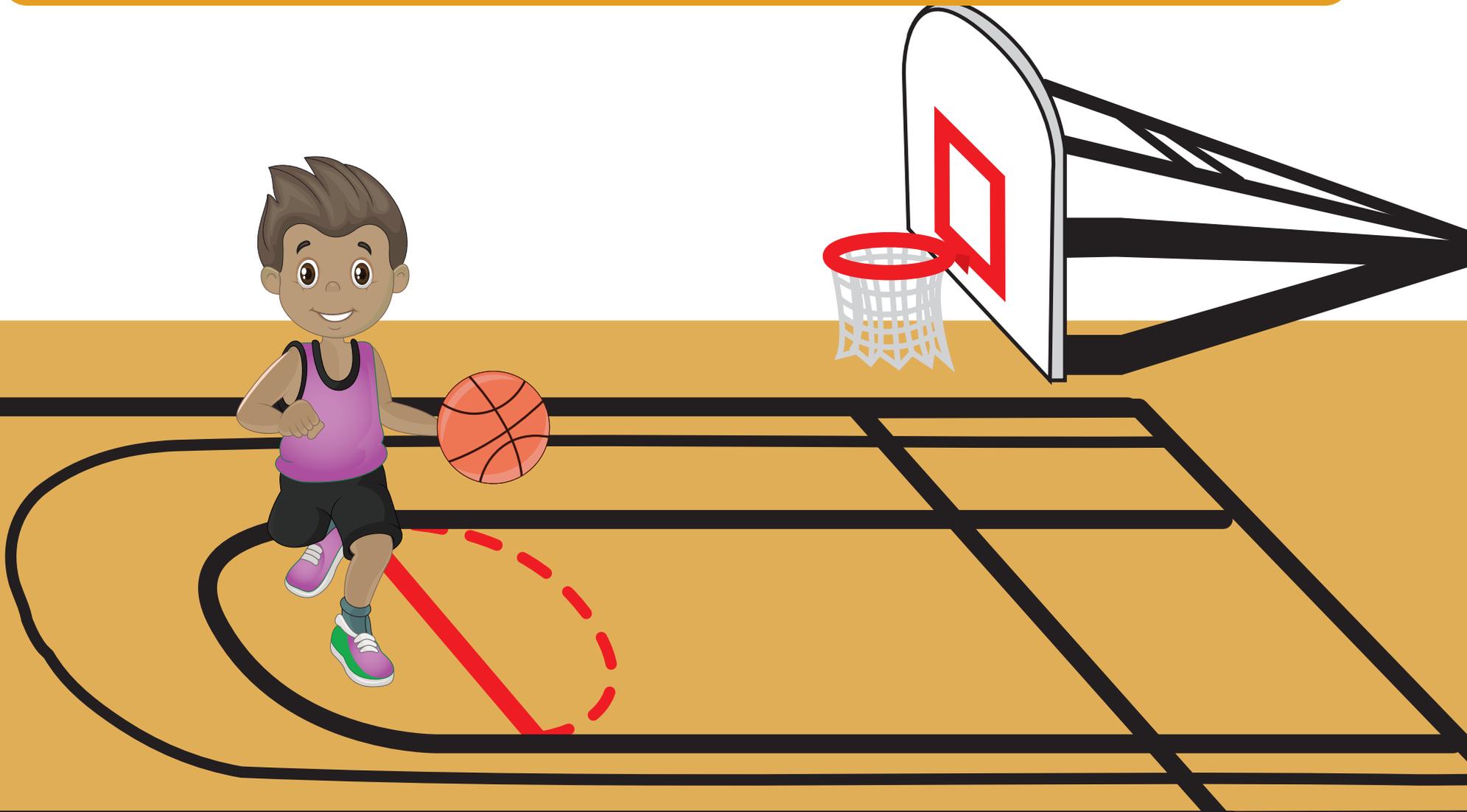
Hi! My name is Matthew, but my friends call me M.J. - short for Michael Jordan - my all time favorite basketball player. In Physical Education class, Mr. Fitter taught us how to dribble, pass and shoot the ball. I'm really good at the jump shot - swoosh, there it is!



P.E. GANG



Mr. Fitter teaches us how important teamwork is, both on and off the basketball court. He says that good teams encourage each other and cooperate to meet their goals, always working together as a team. He also teaches us how to be a good citizen by working together to make the community better.



A.J.

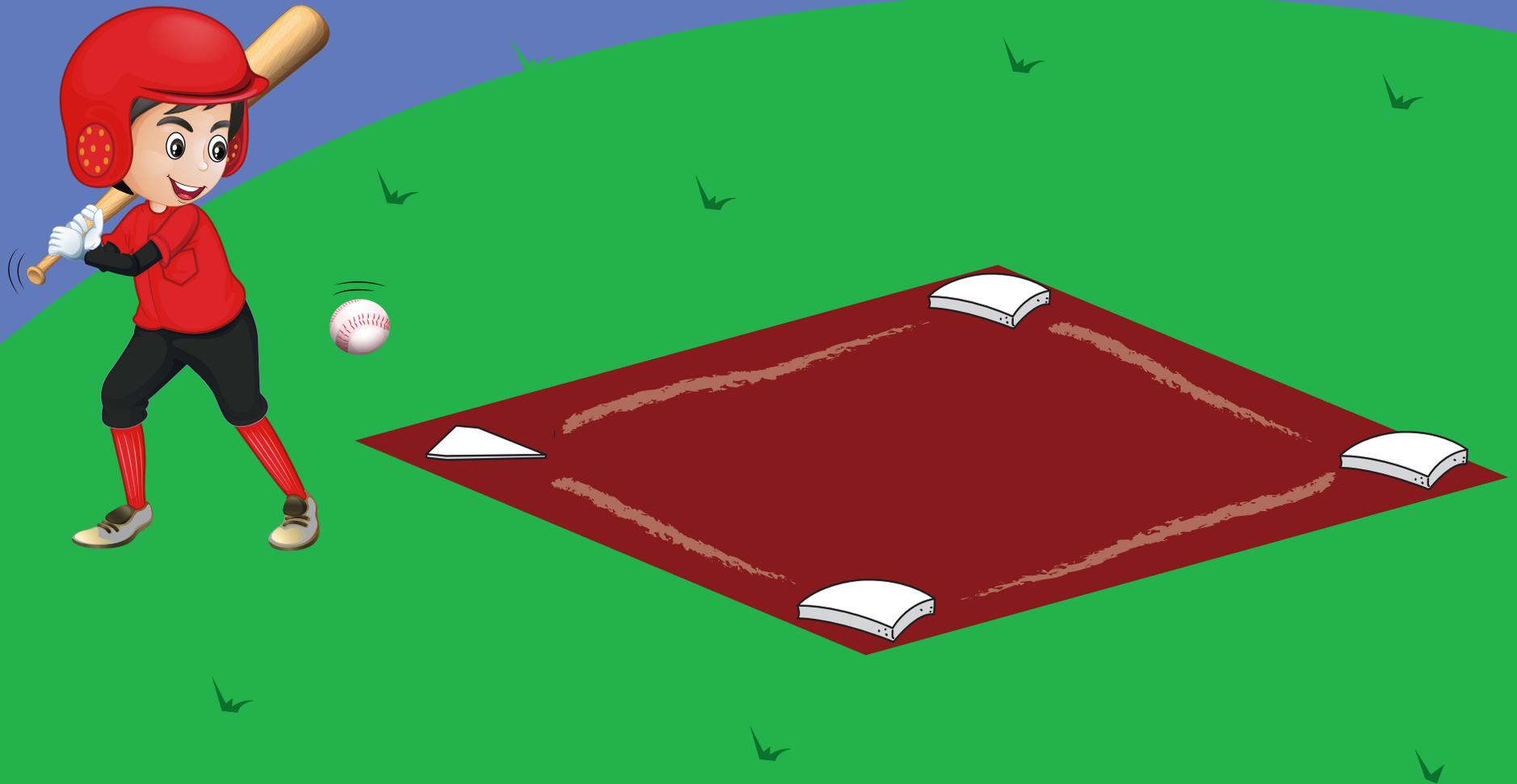
Hi! My name is A.J. and my favorite sport is baseball. In Physical Education class, our teacher Mr. Fitter taught us how to play baseball. He says it is important to always keep your eye on the ball when you are hitting and fielding.



P.E. GANG



The coolest thing about Mr. Fitter is that he's always reminding us how important it is to be a caring person. In class, we learned we should make each other feel good about playing by saying "nice try" and "good effort". We learned how to be a good sport and to think before we say something that could hurt someone's feelings.

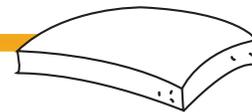
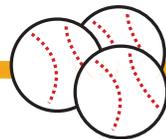
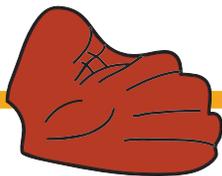


I live in a great neighborhood. My best friend Bobby and I play on the same baseball team. My dad is our coach. He tells us that although we don't always win our games, we should continue to do our best, be respectful and play fair. He says winning isn't always the most important part of playing. The most important part is having fun.



Because I enjoy my friends and living in my neighborhood, I was very disappointed when my dad came home and told us we had to move. My mom knew I was sad and told me that I would meet new friends and that I could play sports at my new school.

The first day at my new school was a little scary. I sat next to a boy named Jimmy. He asked me if I was new at school and I told him I had just moved into town. He said he would show me around the neighborhood.

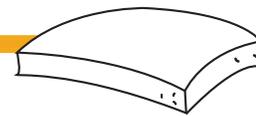
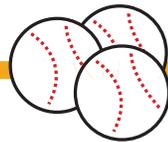
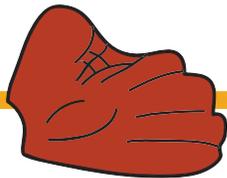


When Saturday morning came around, Jimmy kept his promise and came knocking at my door. He had his bat and glove with him and asked if I wanted to play baseball with him and the other kids.



Two older guys were captains and they started to pick teams. It was the first time in my life I was picked last. It felt awful. When I stepped up to the plate, my legs were shaking. The first pitch was over my head, but I swung anyway. The second pitch was right over the plate. As I swung, I heard "strike two." Finally, the third pitch came and I reached out and swung. As I hit the ball, it rolled to the pitcher and before I knew it, I was out.

It was the last inning. Our pitcher threw the ball and the batter hit the ball into the air. The ball was coming right to me. I put my head down and started to run as fast as I could.



At the last moment, I jumped into the air and stretched my arms out. As I was falling, the ball landed right into my glove! It was the best catch I had ever made. Everybody was patting me on the back and telling me what a great catch I made. At that moment, I stopped feeling like the "new kid." I knew I was right at home.



After a few weeks, I was feeling better. I had met new friends and was enjoying school again. In Physical Education class, I was picked first, and that felt really good. However, I thought about the day when I was chosen last and that bothered me. So, one day I asked Mr Fitter, if there was any way we could make teams up without having to choose players so that no one would be picked last. Mr. Fitter said it was a great idea. Now we choose our teams by counting off by numbers. This way no one would ever be picked last.





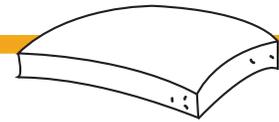
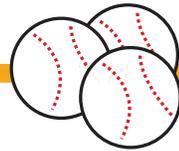
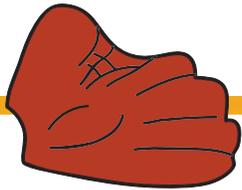
This new idea made everyone feel less “singled out.” The whole thing went over so well that my friend Jimmy and I decided to start a “P.E. Gang.” So far, we have six members in our club. There is Casey, who loves to play football. Samantha, who we call Sammie, and she loves volleyball. Katherine enjoys playing soccer. Jimmy is a hockey lover and Matthew loves basketball. And I’m sure you could guess that I’m the baseball player.

P.E. GANG

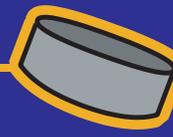
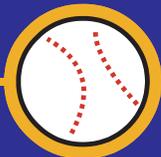
P.E. GANG

We created a P.E. promise and if you want to join the P.E. Gang, you must follow this pledge:

I promise to always play fair, be honest, work with and encourage others. I will also be a good citizen in my community, be helpful to my neighbors, and be respectful to my classmates, teachers, other adults, and most importantly, my parents or guardians.



P.E. GANG



Mr. Fitter loves our idea. He suggested that if a student wanted to join, he or she would have to be nominated by one of the "members" and then invited to join either by Mr. Fitter or another adult at school.



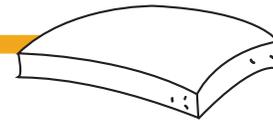
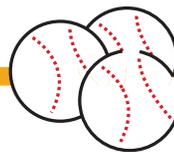
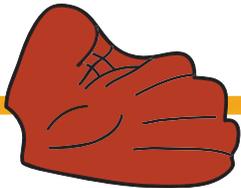
To encourage other kids to join the P.E. Gang, we had tee shirts made. For me, being active and playing sports has been a great way to feel "at home" in my new school, and it has helped me make new friends!

P.E. GANG

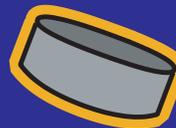
P.E. GANG



I wrote to Bobby back home and told him about the P.E. Gang we started at my new school. He said the idea sounded so cool that he's going to start a P.E. Gang at his school too! Although we live in different towns now, Bobby and I are still good friends. We talk and e-mail each other as often as we can. We talk alot about our experiences in sports because we have that in common. I miss Bobby, but am beginning to feel more comfortable now that I am part of the P.E. Gang and have made new friends.



P.E. GANG



Hello again, it's me Anthony. All my friends call me A.J., remember? In Physical Education class, our teacher Mr. Fitter is always teaching us the importance of reading, exercise and showing good character. Have fun completing the activities and don't forget to check out our web site: www.pegang.com.





Story Mix-Up

The pages in this book are mixed up.
Put them back in order so the story makes sense.

This new idea made everyone feel less "singled out." The whole thing went over so well that my friend Jimmy and I decided to start a "P.E. Gang."

1

The coolest thing about Mr Fitter is that he is always reminding us how important it is to be a caring person.

2

Two older guys were captains and they started to pick teams. It was the first time in my life I was picked last. It felt awful.

3

Our P.E. teacher, Mr. Fitter, teaches us all different ways to stay healthy. We are always looking for new kids to join our gang.

4

At the last moment, I jumped into the air and stretched my arms out. As I was falling, the ball landed right into my glove!

5

I miss Bobby, but am beginning to feel more comfortable now that I am part of the P.E. Gang and have made new friends.

6

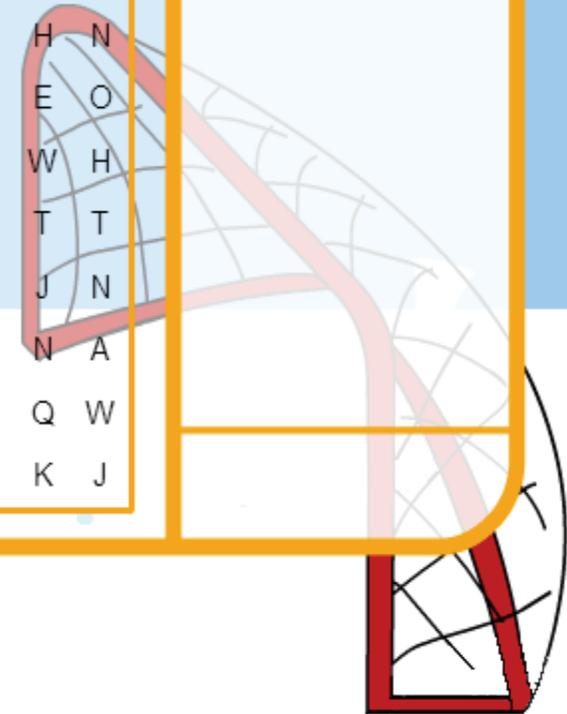
Fun and Games - Word Search

B	D	L	X	B	W	H	O	N	E	S	T	Y	Z	O
D	K	J	X	I	B	I	P	Q	E	E	Y	K	Q	I
G	R	K	R	O	W	M	A	E	T	Y	E	S	A	C
B	Z	K	N	C	R	L	X	Z	R	M	R	D	M	Q
R	E	S	P	E	C	T	V	U	E	M	G	T	A	A
T	V	V	X	U	R	J	M	N	J	I	K	E	T	E
T	X	P	L	S	F	I	I	H	R	J	R	E	T	Y
F	I	L	C	S	A	R	A	X	N	L	X	A	H	N
J	D	K	W	S	E	M	Y	F	M	T	Y	A	E	O
K	N	S	F	H	C	G	A	P	Y	Q	M	N	W	H
N	A	H	T	O	E	E	M	N	H	A	F	A	T	T
M	F	A	C	H	W	V	F	Y	T	V	L	P	J	N
X	K	R	O	E	M	R	Y	K	C	H	V	P	N	A
E	N	C	O	U	R	A	G	E	K	O	A	F	Q	W
G	O	M	G	G	I	G	Z	L	A	B	C	Y	K	J

ANTHONY
CASEY
ENCOURAGE
HONESTY
JIMMY
KATHERINE
MATTHEW
PLAYFAIR
RESPECT
SAMANTHA
TEAMWORK



Jimmy



What Doesn't Belong?



Circle the one thing in each group that doesn't belong.

Group 1
Caring
Fairness
Respect
Cheating
Trustworthy

Group 1
Hockey
Ice Skates
Puck
Goalie
Basketball

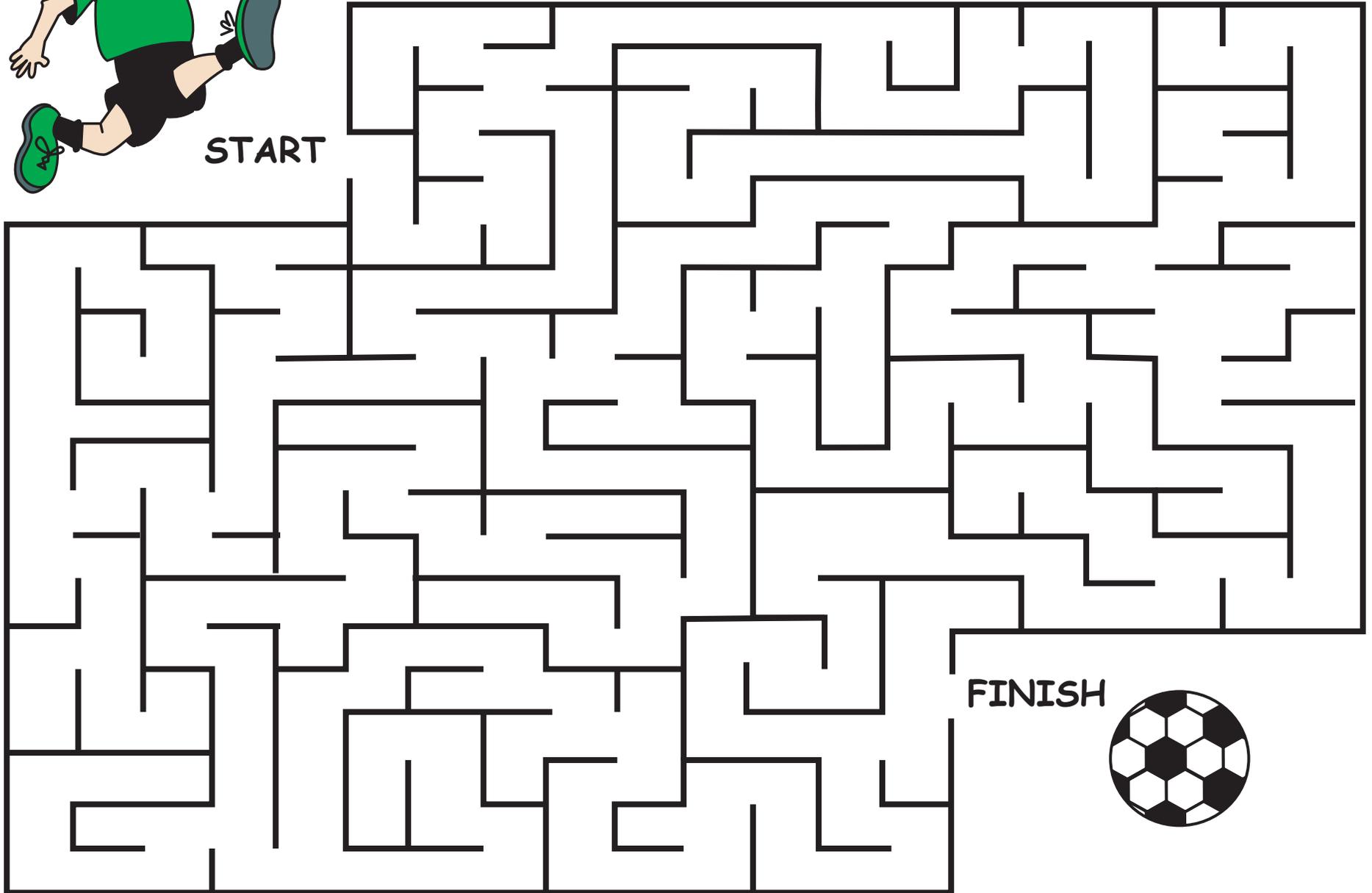
Group 1
Apple
Candy
Grapes
Watermelon
Orange

Group 1
Jogging
Watching TV
Swimming
Push Ups
Jumping Jacks

Help Katherine find her soccerball for the big game!



START

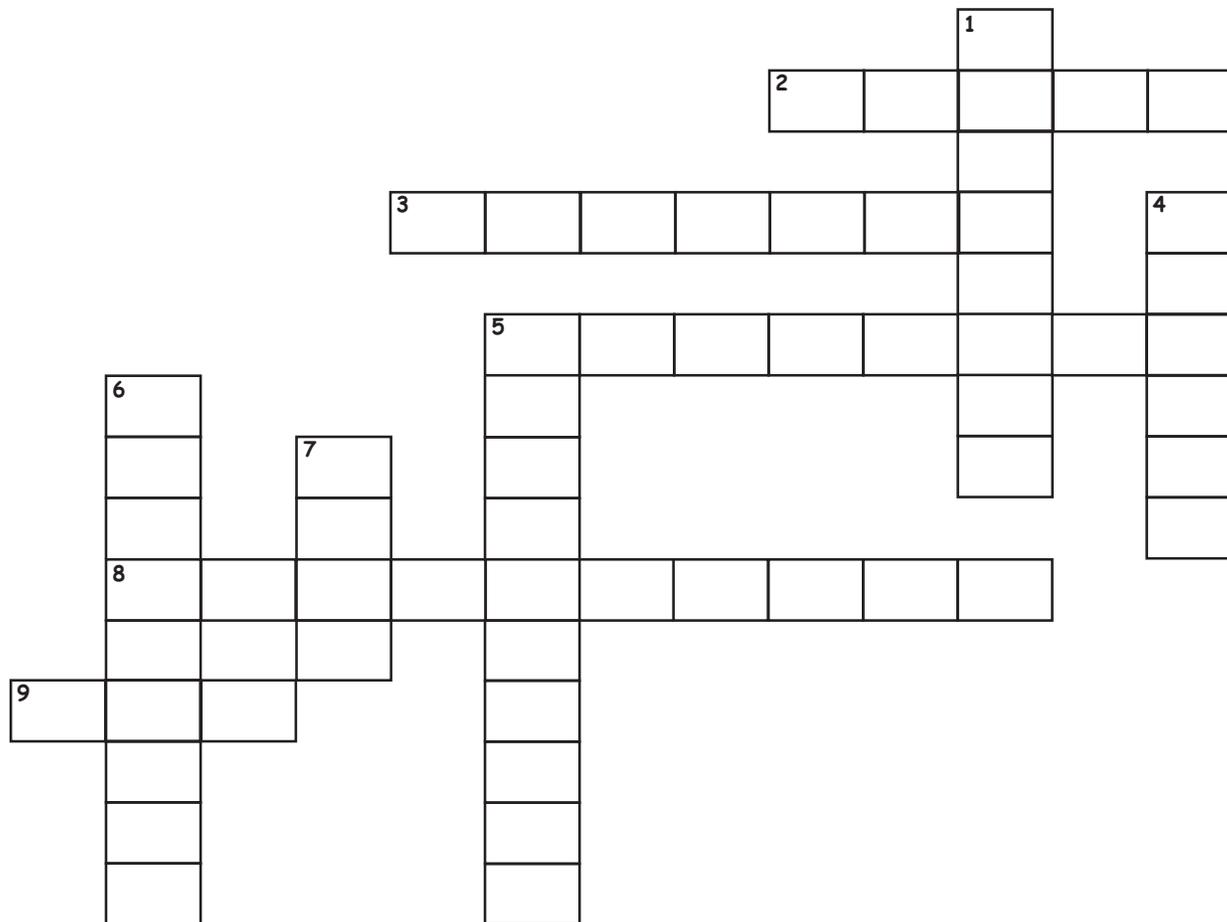
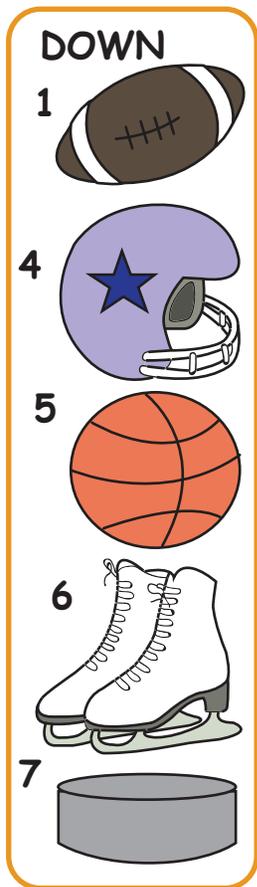
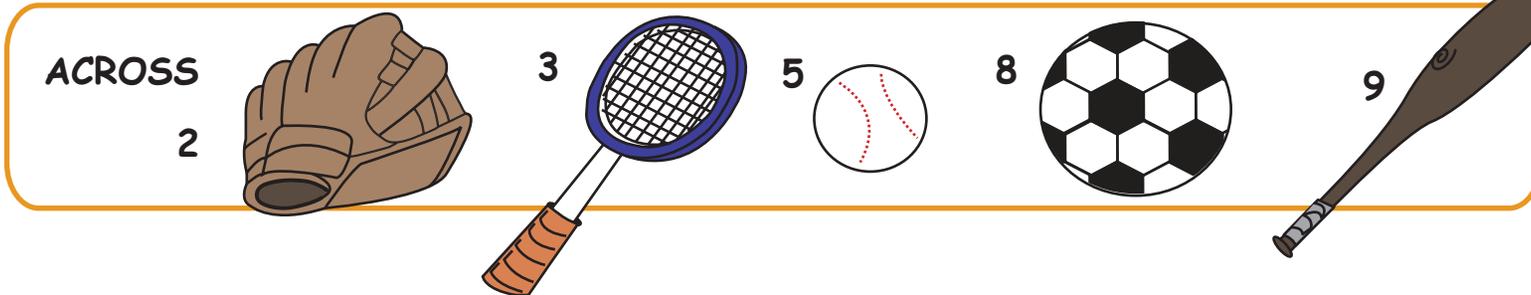


FINISH



Good Sports

Use the pictures below to complete puzzle.

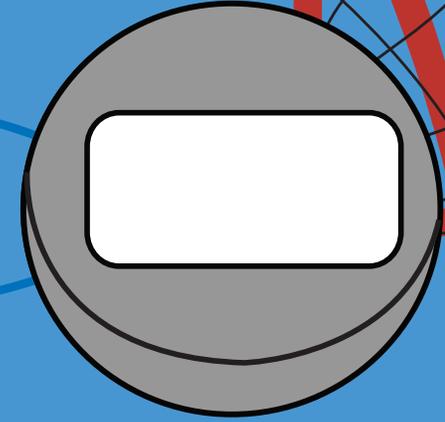
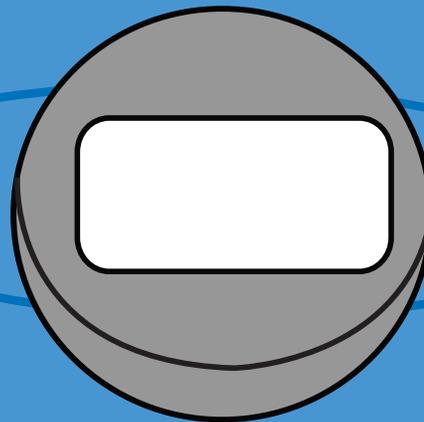
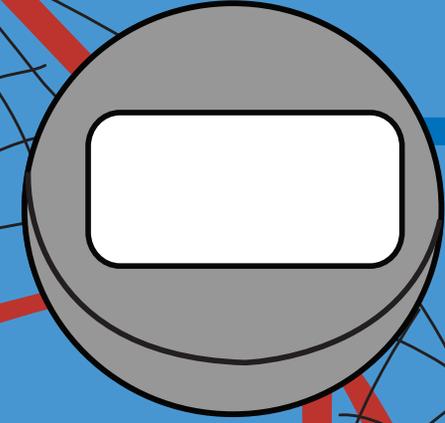
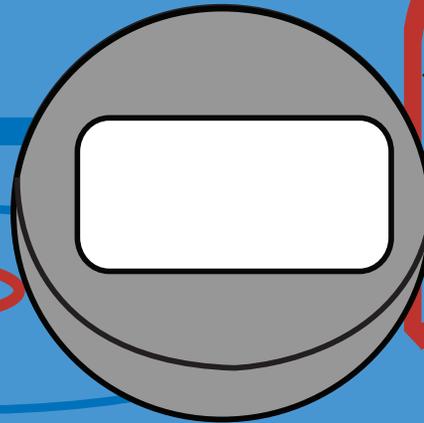
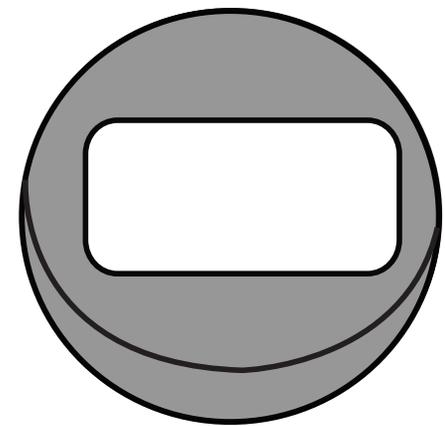
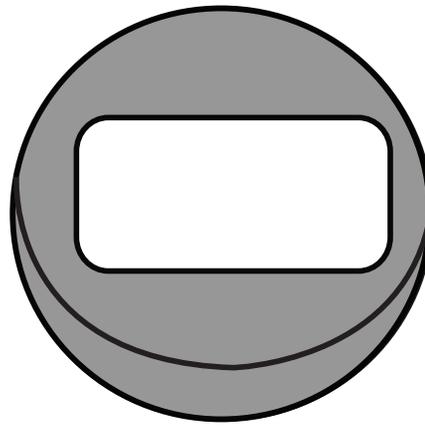




Hello again, it's me Casey. In Physical Education class, our teacher Mr. Fitter is always teaching us how important it is to have good character. Have fun reading the posters and look for people displaying good character. Write the name of a person on the hockey pucks and sports balls that is showing good character to others.

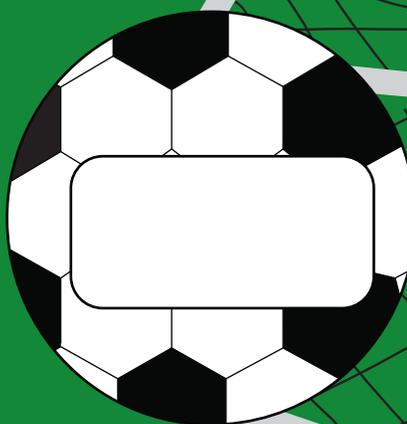
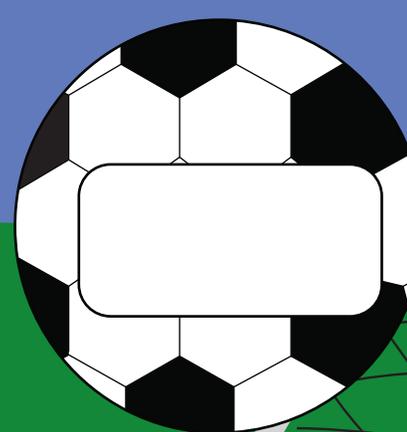
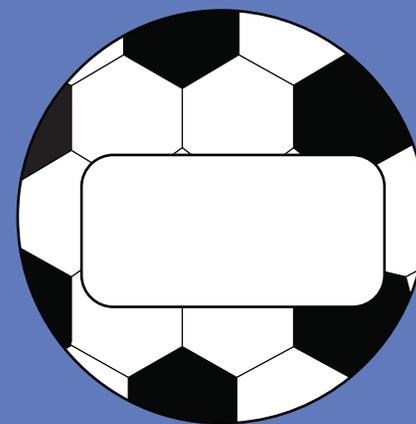
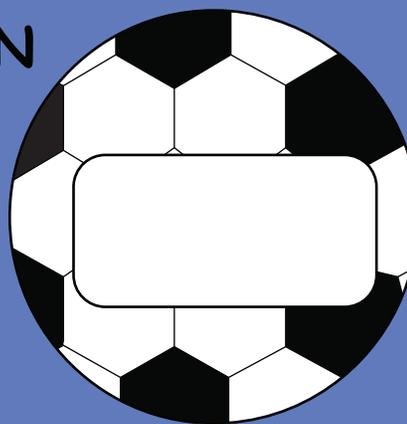
HOW TO BE A FAIR PERSON

- Play by the rules and tell the truth.
- Don't play favorites and take turns.
- Listen to people with an open mind.
- Don't take advantage of people.
- Don't blame others for your mistakes.
- Treat people the way you want to be treated.



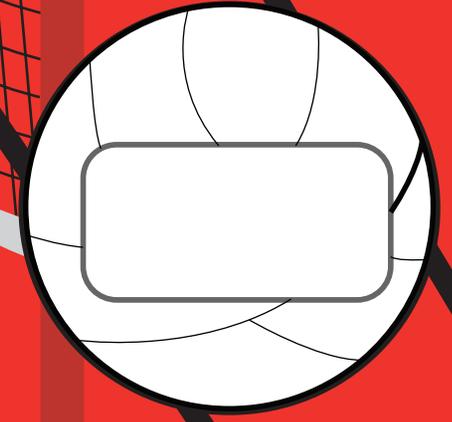
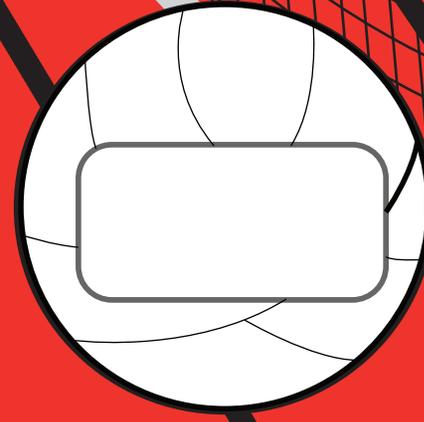
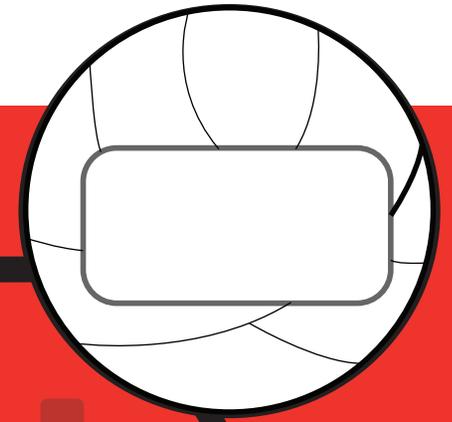
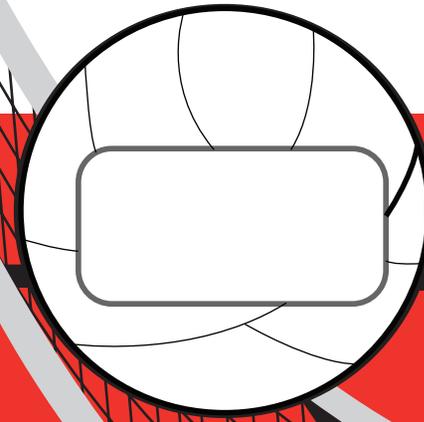
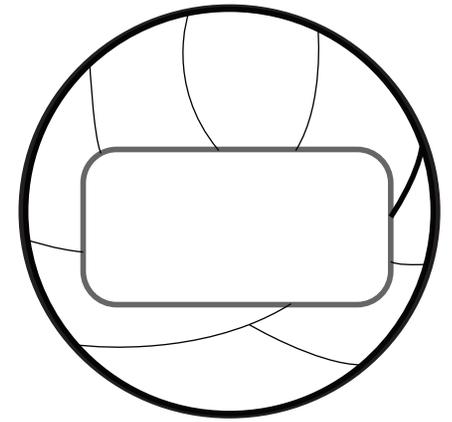
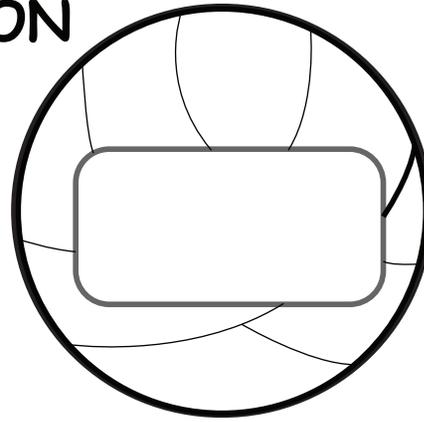
HOW TO BE A RESPONSIBLE PERSON

- ⚽ Be reliable and dependable.
- ⚽ Take care of your own business.
- ⚽ Don't make excuses or blame others.
- ⚽ When you agree to do something, do it.
- ⚽ Think before you act; imagine the consequences.
- ⚽ Be responsible for your actions; don't make excuses or blame others.



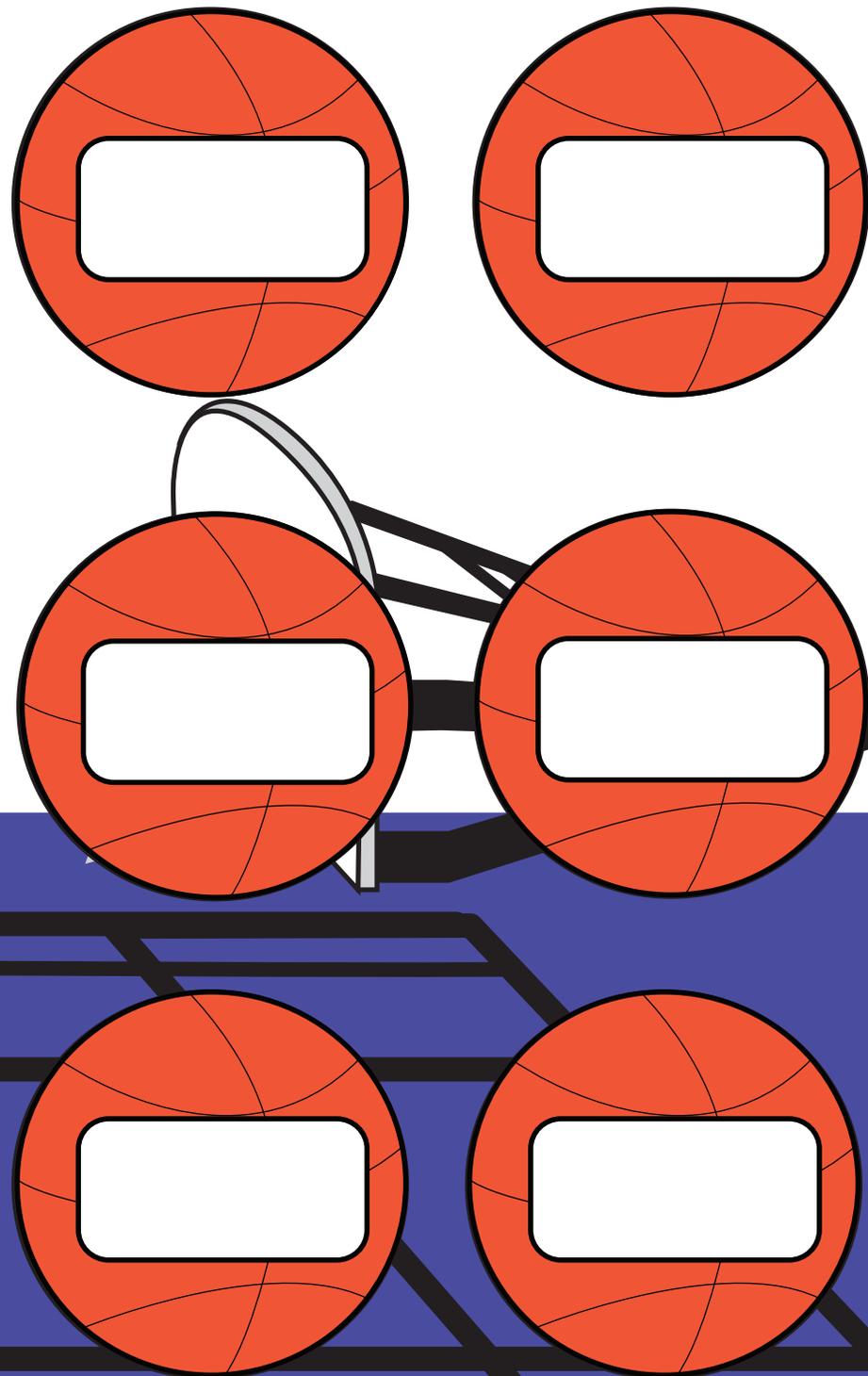
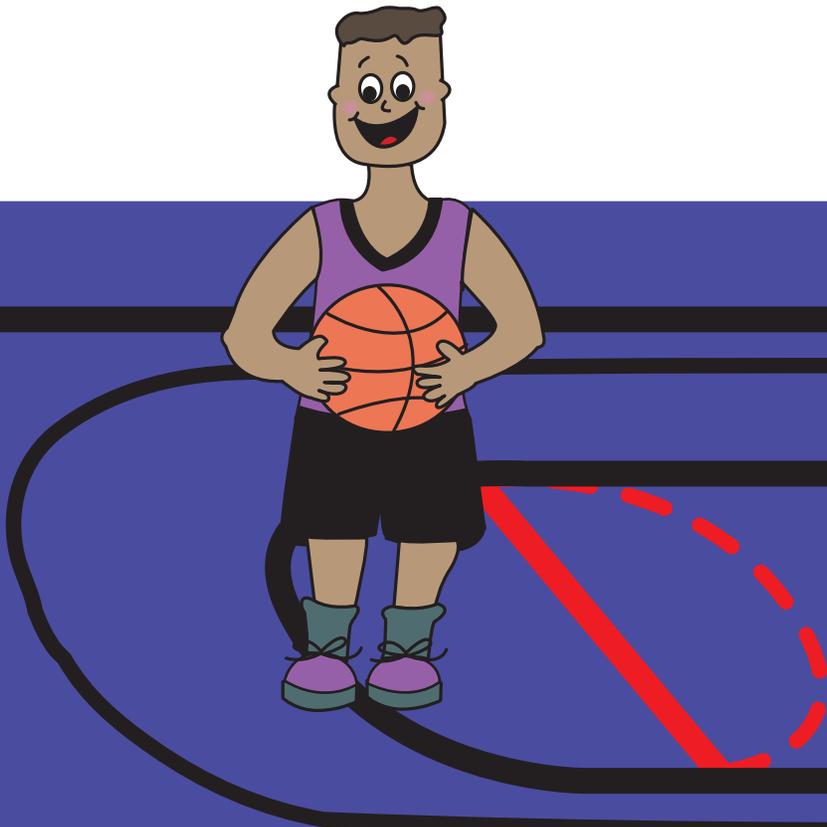
HOW TO BE A RESPECTFUL PERSON

- ⊗ Be courteous and polite.
- ⊗ Show kindness and consideration.
- ⊗ Don't pick on or bully others.
- ⊗ Accept others for who they are.
- ⊗ Listen to what other people have to say.
- ⊗ Treat other people the way you want to be treated.



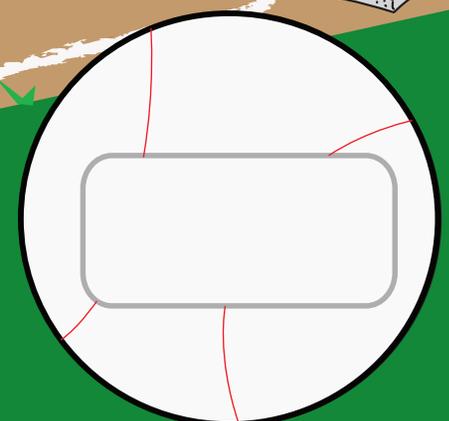
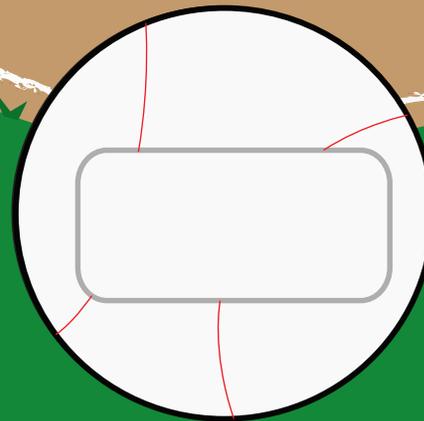
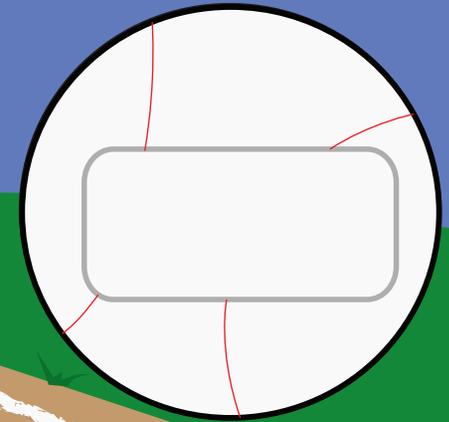
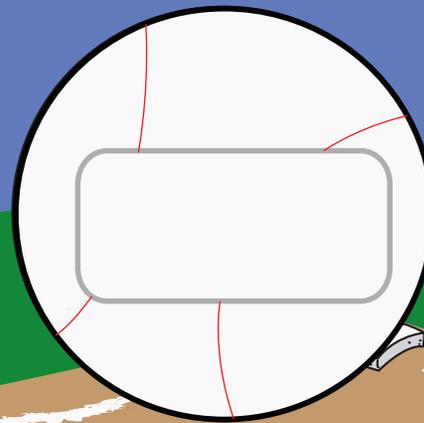
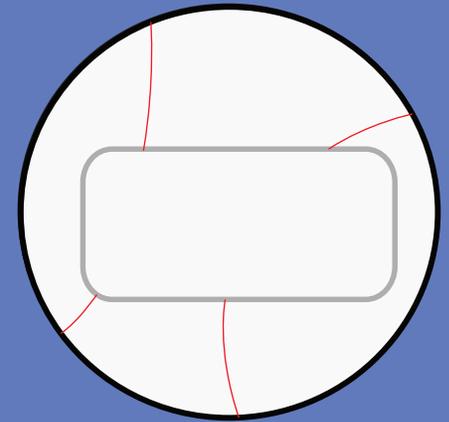
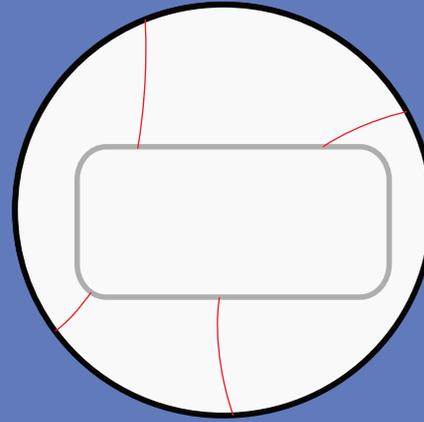
HOW TO BE A GOOD CITIZEN

- Be a good neighbor.
- Follow laws and rules.
- Keep the environment safe.
- Work to make the community better.
- Learn about activities in the community.



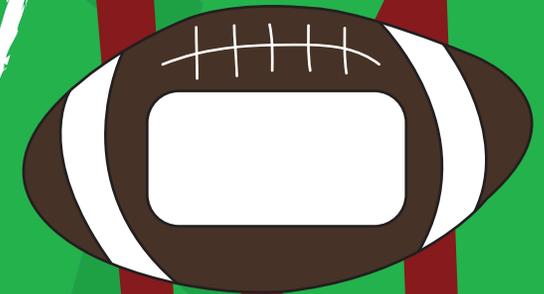
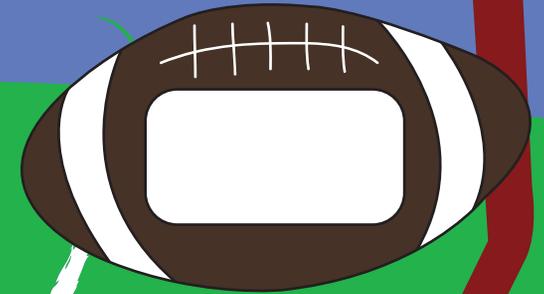
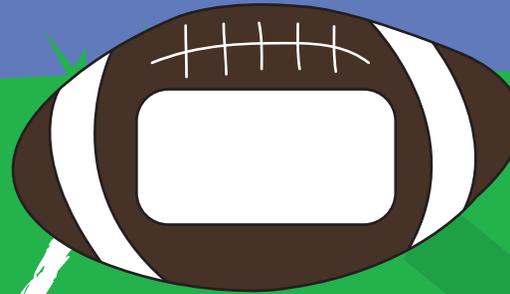
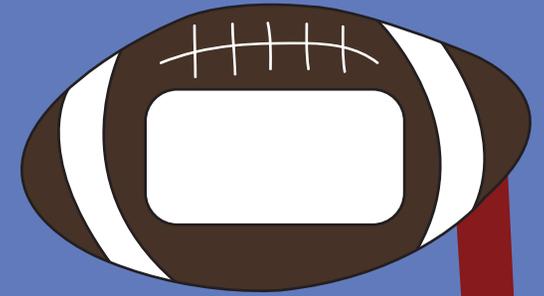
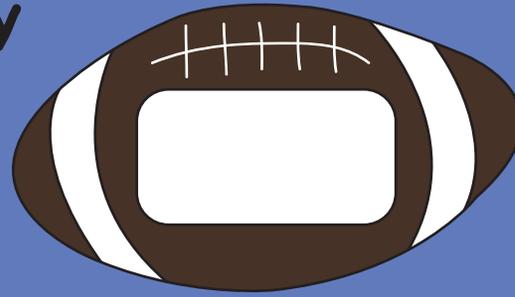
HOW TO BE A CARING PERSON

- Help people in need.
- Watch out for others.
- Never be mean or hurtful.
- Think about other people's feelings.
- Treat people with kindness and generosity.
- Give without thinking about what I'll get in return.
- Always remember - we become caring people by doing caring things!



HOW TO BE TRUSTWORTHY

- 🏈 Be honest with others.
- 🏈 Be someone others can trust.
- 🏈 Do what is right, even when it's difficult.
- 🏈 Be a good friend and don't betray a trust.
- 🏈 Have the courage to do what is right, even when it's difficult.
- 🏈 Keep your promises and follow through on your commitments.



Story Mix-Up

The pages in this book are mixed up. Put them back in order so the story makes sense.

<p>This new idea made everyone feel less "singled out." The whole thing went over so well that my friend Jimmy and I decided to start a "P.E. Gang."</p> <p>1</p>	<p>The coolest thing about Mr. Fitter is that he is always reminding us how important it is to be a caring person.</p> <p>2</p>	<p>Two older guys were captains and they started to pick teams. It was the first time in my life I was picked last. It felt awful.</p> <p>3</p>
<p>Our P.E. teacher, Mr. Fitter, teaches us all different ways to stay healthy. We are always looking for new kids to join our gang.</p> <p>4</p>	<p>At the last moment, I jumped into the air and stretched my arms out. As I was falling, the ball landed right into my glove!</p> <p>5</p>	<p>I miss Bobby, but am beginning to feel more comfortable now that I am part of the P.E. Gang and have made new friends.</p> <p>6</p>

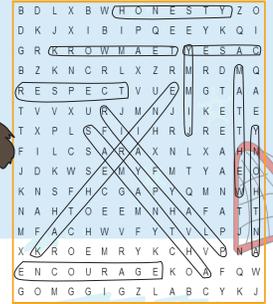
- 4
- 2
- 3
- 5
- 1
- 6



How many new words can you make with the letters used in sportsmanship?

- | | | | |
|--------|-------|-------|--------|
| sports | hop | part | spin |
| ship | hot | pin | sport |
| aim | map | pint | sprint |
| air | math | print | stamp |
| ant | mop | ramp | thin |
| art | most | roast | this |
| ham | nap | sat | train |
| harm | north | sharp | trap |
| hip | pan | shop | trash |
| | | short | trip |

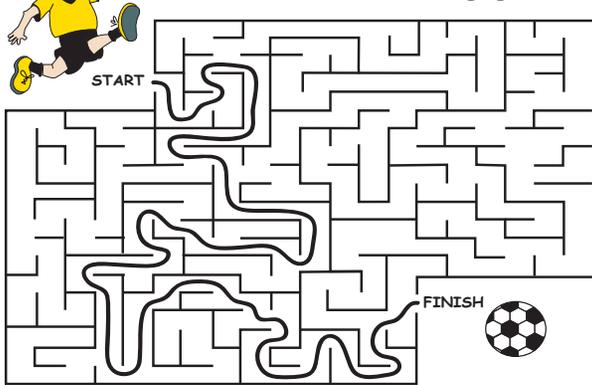
Fun and Games - Word Search



ANTHONY
CASEY
ENCOURAGE
HONESTY
JIMMY
KATHERINE
MATTHEW
PLAYFAIR
RESPECT
SAMANTHA
TEAMWORK

Jimmy

Help Katherine find her soccerball for the big game!



Decode-a-Message

Word Bank
school neighbor
team exercise
citizen park

Directions: Complete each sentence. Then, use the code key below to find a message that has to do with, what you get when your behavior is in top shape.

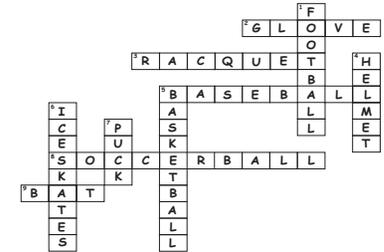
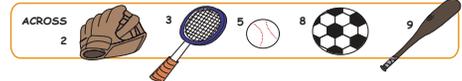
- A good c i t i z e n works to improve the community.
- A n e i g h b o r is someone who lives next to you.
- People on a t e a m work together to get a job done.
- Children go to s c h o o l to learn.
- A p a r k is a place to swing, slide and play.
- If you want to stay healthy you have to e x e r c i s e.



c o o p e r a t i o n
1 6 6 7 5 9 8 4 2 6 3

Good Sports

Use the pictures below to complete puzzle.



What Doesn't Belong?

Circle the one thing in each group that doesn't belong.



<p>Group 1 Caring Fairness Respect <u>Cheating</u> Trustworthy</p>	<p>Group 1 Hockey Ice Skates Puck Goalie <u>Basketball</u></p>
<p>Group 1 Apple <u>Candy</u> Grapes Watermelon Orange</p>	<p>Group 1 Jogging <u>Watching TV</u> Swimming Push Ups Jumping Jacks</p>